



OVEREATERS ANONYMOUS

REGION 5 SECRETARY

July 2, 2019

RE: Region 5 2019 Summer Conference

July 13th, 2019, 1:00 – 4:00 PM Central Time, 2:00 – 5:00 PM Eastern Time

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

We are less than two weeks away from our Region 5 2019 Summer Conference. The conference will be held online using Zoom Cloud Conferencing on July 13th, beginning at 1:00 PM Central Time, 2:00 PM Eastern Time, and is **open to all Region 5 OA members**. The call is scheduled to last for 3 hours.

Instructions on how to connect have been provided in document A03.

This letter is part of the 2019 Summer Conference Packet. This is the only packet that will be provided for this event. It contains reports for the upcoming Zoom session. There will be one more packet released after the Conference containing the minutes and other supporting documents at the time.

Region 5 Summer Conference Call Reports

- A01_Region5 Secretary Letter 2019-07.pdf
 - New – 5 pages
 - This document you are currently reading which contains information about all of the documents and the upcoming Region 5 Summer Conference session.
- A02_Agenda.Summer Conference 2019-07.pdf
 - New – 3 pages
 - This document contains the schedule of the Summer Conference session.
- A03_Zoom Instructions.pdf
 - New – 5 Pages
 - This document contains detailed information on how to connect and what you can do during the Zoom session.
- A04_Region5 Chair Report 2019-07.pdf
 - New – 1 Page
- A05_Region5 Vice-Chair Report 2019-07.pdf
 - New – 1 Page
- A06_Region5 Trustee Report 2019-07.pdf
 - New – 2 Pages

- A07_Media Committee Report 2019-07.pdf
 - New – 2 Pages
- A08_Convention Committee Report 2019-07.pdf
 - New – 1 Page
- A10_Each One Reach One Subcommittee Report 2019-07.pdf
 - New – 1 Page
- A11_IG to IG Subcommittee Report 2019-07.pdf
 - New – 1 Page
- A12.ADayInTheLifeOfTheR5Secretary.pdf
 - New – 2 Pages
- A20_Treasurer July 2019 Report.pdf
 - New – 2 Pages
- A21_6-30-19 Balance Sheet.pdf
 - New – 1 Page
- A22_6-30-19 Meeting Contributions.pdf
 - New – 6 Pages
- A23_6-30-19 Profit and Loss.pdf
 - New – 3 Pages
- A24_2019 Summer Assembly Budget to Actual.pdf
 - New – 2 Pages

Other Important Documents

Previously I've been including all our standard documents that you would need to read in each of the packets for each of our events. This seems so redundant to me as they are posted else where on our website. I've been trying to cut down on all the copies of the different documents to be more efficient and use less space. Here is a list of other documents you might need for the event

- C02: Region 5 2019 Spring Assembly Minutes.pdf
 - You can find the minutes from the Region 5 2019 Spring Assembly can be found on the Region 5 website in Packet C or with this link: <http://region5oa.org/wp-content/uploads/2019/03/C02.Region-5-2019-Spring-Assembly-Minutes.pdf>. We will be referencing this document during the Summer Conference.
- Region 5 Business Documents

You can find all of the mod current Region 5 documents that govern how we do business on the Region 5 website on the Region 5 Forms / Resources page: <http://region5oa.org/forms-resources/>

 - Region 5 Bylaws
 - 8 pages, November 2017
 - Region 5 Policies and Procedures
 - 18 pages, March 2109
 - Region 5 Convention Guidelines
 - 8 pages, November 2016

- Region 5 Standing Rules
 - 2 pages, November 2017
- Region 5 Assembly Information
 - 19 pages, January 2019
 - All the answers you would ever need to your questions about the Assembly and Summer Conference session that you would ever care to ask.

- Region 5 Assembly Handbook
 - 37 pages. December 2017
 - You do not need to print out any of these documents unless you really want to for the Region 5 Summer Session. However, I think it's convenient to have the latest documents in front of me during the session.
- Suggested Committee Agenda and Report Format
 - 3 pages
 - We will be having business meeting during the Summer Conference session. Committees might want to use these forms
 - <https://region5oa.org/media/forms/CommitteeAgenda.Minutes.ReportForm.docx>
- Application Forms
 - Application for R5 Officer
 - We will be having an election for Region 5 Vice-Chair and Region 5 Secretary at the upcoming 2019 Fall Assembly in November. If you are interested in serving in one of these two service positions, please submit an application to the Region 5 Secretary as soon as you can.
 - This is to be received by September 9th, 2019 for the applicant to be considered a candidate in the 2019 Fall Assembly elections. On even numbered years, elections are held for chair and treasurer. On odd numbered years, elections are held for vice chair and secretary.
 - <http://region5oa.org/wp-content/uploads/2019/04/Application-for-Region-5-Officer.docx>
 - Please talk to the current Vice-Chair and Secretary to find out more about what they do. Also read the a "A day in the life" documents provided in this packet.
 - Application for R5 Delegate
 - This is to be received by October 9th, 2019 for the applicant to be considered to represent Region 5 at the World Service Business Conference in 2020.
 - <http://region5oa.org/wp-content/uploads/2019/04/DelegateAppFor2020.docx>

What is not included in this packet

- The Treasurer and Finance committee are busy preparing all of the document that need to be shared with you. These will be added to the packet as soon as I receive them.
- The Bylaws committee has nothing to report at this time and has not submitted a report.
- The PIPO Subcommittee and Nominating committee has not submitted a report. If they do I will add them to the packet as soon as I can.

Website Changes

So the good news is that the bulk of the changes and fixes have been completed on the our website. However, we are still reviewing and finding issues. I have been submitting requests for fixes as I get them, and our web master has been fixing them as fast as he can. He has a full-time job and is taking some college classes and so his time has been limited. But he has been getting to them on a fairly quick response rate.

Currently there are a few changes still pending including a change to some of the graphics on our website. Hopefully by the time the Summer Conference starts I will be able to report that these too have been completed.

PLAN AHEAD: Region 5 2019 Fall Assembly is at Holiday Inn Cleveland South, OH on November 8-10, 2019. This is the second weekend of November. Additional Hotel information will be provided in September.

I look forward to hearing your voices on July 13th.

Thank you for your service.

Yours in recovery,

Joel I.

Region 5 Secretary

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